



Banmi Shofu Ryu of Ikebana

晚美生風報

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TRAINING FOR THE IKEBANA ARTIST PRACTITIONER*

Qualifications**:

- Commitment
- Artistry
- Passion & Compassion
- Discipline
- Attitude
- Spritual Connection

Levels: Beginner, Intermediate, Advanced, Teacher Training***

1 Unit = 1 lesson + 3 hour practice after lesson which is documented through images or printed photographs of designs created sent to *sensei* if able to proceed to next level.

BEGINNER PROFICIENCY

Beginner: Level 3, Lesson 1 (5 units)

History, terminology, art & discipline of *Ikebana*, how it started, different schools, typical training, *sensei-deshi* relationship, history of the *Shofu* School, evolution of *Banmi Shofu*, flowers & driftwood, basic materials & tools, set up of space, discipline, focus, & commitment, basic proportions of arrangements (Formula), reconnection with nature – reflections on color, lines & compositions, found flowers, &/or vegetation around and in a pond, telling stories, writing verses,

Activity – Upright *Moribana* Definition; Traditional

Level 2: Lesson 1, Continued (Total 5 units)

Review - *Moribana*

Variations by School

Banmi Shofu Proportions (Formula):

The Meaning of, and Designing with Driftwood in *Banmi Shofu Ryu*

Upright: Left side, Right side

Cascading: Left, Right

BEGINNER Level I, Lesson 2 (Total 5 units)

Nageire: spontaneous and unstudied; techniques of stabilization (but focus first on spontaneity, and in later level, focus on techniques of stabilization)

Upright (*Rittai*)

Left

Right

Cascading (*Keishatai*)

Left

Right

INTERMEDIATE PROFICIENCY

Intermediate Level 4, Lesson 1: Intro to Free Style (5 units)

Morimono
Floating Designs
Rock & Sand Designs

Intermediate Level 3, Lesson 2: (5 units)

Free Style –
Review basic forms and rules
Designs derived from
Moribana

Intermediate Level 2, Lesson 3: (5 units)

Designs derived from
Nageire

Intermediate Level 1, Lesson 4: (5 units)

Use of Non-traditional Containers, including Baskets
Reinforcing *Banmi Shofu* Use of Driftwood – Connecting with the Spirit

ADVANCED PROFICIENCY:

Advanced Level 3, Lesson 1: (5 units)

Variations of *Moribana* with Driftwood
Basic with Driftwood
Split with and without Driftwood
Free Style with Driftwood

Advanced Level 2, Lesson 2: (5 units)

Chabana & Contemplation
Variations of *Nageire* with Driftwood
Variations of Free Style with Driftwood

Advanced Level 1, Lesson 3: (5 units)

Oseika – History, Description, Materials Used, Containers, Rules & Uses
Informal & Formal *Oseika*

**Curriculum is based on oral and written Kaden passed on by previous Iemoto successions from the 6th century originated by Samurai Iemoto Osikawa-san to translations from Japanese into English of documents given by Bansui Ota, to Banmi Bessie Fooks, eventually handed down to Bansho Ricardo Carrasco for publication of this curriculum and modern day Kaden in English.*

***Qualifications of commitment, discipline, artistry, spirituality, attitude, and passion/compassion are described in the ancient oral Kaden.*

****Units, years, and levels of training are subject to qualitative assessment by supervising sensei, and installation is subject to Iemoto approval.*

****Only Sensei at the Professor Level 1 can provide training of instructors, with installation subject to Iemoto approval.*

*****Continuing proficiency is required to maintain instructor certification with minimal requirements*